

"The biggest deficit that we have in our society and in the world right now is an empathy deficit. We are in great need of people being able to stand in somebody else's shoes and see the world through their eyes."

MENTAL HEALTH SUPPORT



Employee Assistance Program (EAP)

- Toll-free number gives you direct, 24/7 access to a licensed counselor, who will answer your questions and, if needed, refer you to a counselor or other resources
- Call: 833.306.0103 Website: eap.ufl.edu
- In addition, the State of Florida PPO and HMO as well as GatorCare insurance provide mental health benefits

Resilient Gator

- Designed to inform and empower the campus community to build resilience coping skills. Request an in-person presentation (group) or access online for on-demand viewing (individual)
- Website: wellness.hr.ufl.edu/initiatives/programs/resilient-gator/ Email: hrs-wellness@ufl.edu

UF Mindfulness

- UF Mindfulness: Interdisciplinary group of researchers and staff offering weekly programs and resources
- Website: <u>mindfulness.ufl.edu</u>

Wellness Library

- Recorded webinars and presentations given by experts from UF and UF Health on a variety of topics including mental health
- Website: wellness.hr.ufl.edu/resources/wellness-library/

The 2021-2022 Chair-elect candidates (*listed in alphabetical order*) are:

Dr. Ashley Ghiaseddin (College of Medicine)

<u>Statement</u> Video

Dr. Amanda Phalin (Warrington College of Business) <u>Statement</u> <u>Video</u>

The candidates' goals and qualifications statements and their videos, prepared in lieu of presentations at the April Senate meeting, are hyperlinked above and available online at: <u>http://fora.aa.ufl.edu/FacultySenate/Pages/Faculty-Senate/AgendasMinutes2020-2021</u>.

Please cast your ballot by logging-in to <u>https://voting.aa.ufl.edu/</u> using your Gatorlink. To adhere to Sunshine Law, please note that the ballot is not anonymous.

This ballot closes at 5 p.m. on Thursday, April 15 – TODAY!

 Ballots for Faculty Senate Committee and Councils will soon open. All Senators will receive an email notification with voting instructions and a ballot deadline reminder.

(Thank you to the Senate Nominating Committee and Chair Dr. Amelia Dempere.)

UF

The University of Florida Faculty Senate presents Mary Brownell

Distinguished Professor

Director, Collaboration for Effective Educator Development, Accountability, and Reform Center School of Special Education, School Psychology and Early Childhood Studies College of Education Improving Teaching Quality for Students with Disabilities: Translating Research into Practice



April 22, 2021 at 3 p.m. Via Zoom: https://ufl.zoom.us/j/99994579664?pwd=RWNCazRtZnI5OFpkNE5FcIVzRVRCUT09

> To learn more about Distinguished Professor Brownell: https://education.ufl.edu/faculty/brownell-mary/

President Fuchs will not be attending the Faculty Senate next month due to Commencement conflicts.

(So, here is a unique opportunity to ask him questions live.)